Cuban Yoga Adventure

with

Kate Potter

April 16 – 23, 2017

Registration Form

Name: (print) _____

Address: _____

Phone#_____ Email: _____

Yoga experience: _____

Date of Birth: _____

Passport # _____

Nationality: _____

Room Single or Double: _____

Allergies: _____

Flight Information:
Arrival: _____

Departure: _____

Emergency Contact: _____

Cost :

$1,550.00 room shared with one other ($1,650.00) after January 8, 2017.
Additional $ 300.00 for private room.

Total payment enclosed $_____

Payment Options:

Victoria O'Hara: 1204, 1850 Comox Street. Van, BC V6G 1R3

Or email money transfers /PayPal: victoriaeohara@gmail.com

Please contact Victoria O'Hara should you have any questions.

Medical and travel Insurance: You are required to obtain both.

Cancellation Policy: Payment is refundable less $100.00 administration fee.

After January 8, 2017 fee is non refundable unless your space can be filled. Exceptional circumstances will be considered.

Name (print) _____

Signature _____ Date _____

What's included:

* 7 night accommodations
* 3 Freshly prepared organic meals daily, vegan option
* Unlimited filtered water, herbal tea and coffee
* Morning meditation
* 5 days of yoga 2 classes per day (suitable for all levels)
* Salsa lesson
* One class with Eduardo Pimentel
* Day trip in Havana lunch included in a local palador/ art gallery
* Explore nightlife in Havana (Fabrica La Arte Cubano or Jazz Club)
* Evening Jam session with local musicians (bring your guitar)

Note: Nightlife in Havana includes transportation to Havana.

Optional Activities

Visit to a local orgaponico "urban organic garden"
Water sports – paddleboards available
1 hour facial
1 hour massage

Not Included in the Price:

- *International flights*
- *Airport transfer (we can assist with booking the transfer from Havana or Varadero airports)*
- *Alcoholic beverages*
- *Optional activities*
- *Spa services*
- *Tips and gratuities*
- *Travel insurance*
- *Cuba tourist card*

Please print, fill out & sign, return by mail to:
Victoria O'Hara 1204, 1850 Comox St. Vancouver, BC, V6G 1R3

Or scan, or take a clear photo and email to: victoriaeohara@gmail.com